

# Ingredients for homemade deodorant stick:

- 1/4 cup [shea butter](#)
- 3 tablespoons [coconut oil](#)
- 3 tablespoons [baking soda](#)
- 2 tablespoons [arrow root](#) (find in the baking/spice aisle at most grocery stores)
- essential oils (we used [tea tree oil](#) and [lavender oil](#))
- [empty solid deodorant container](#)



## How to make All Natural Deodorant recipe:

1. Place [shea butter](#) and [coconut oil](#) in a measuring cup with a spout and microwave on high for 30 seconds. Stir. Return to microwave for 30 seconds to 1 minute, stirring after each 20 second interval until mixture is completely melted.



2. Stir in [baking soda](#) and [arrowroot powder](#). Mix well. Add [essential oils](#). You'll need about 3 drops of each one. Mix well.



3. Pour into [deodorant container](#). Place top on container and place in refrigerator to set. After 2

hours, remove from fridge and use as you would normal deodorant.

